

The City School

North Nazimabad Boys Campus

E-Worksheet

Science Class 8

Correct the incorrect sentences:

1. Proteins provides more than twice the energy as the same amount of carbohydrates.

2. Vitamins are needed in small amount by our body.

3. Rickets is the deficiency disease of Vitamin B.

4. Enzymes are special types of carbohydrates that speed up chemical reaction in the body.

5. Proteases break down the fats into simple fatty acid.

Fill in the blanks:

1. Gastric juice is made up of hydrochloric acid, water and _____.
2. The high intake of _____ can lead to high blood pressure.
3. Citrus fruits are enriched in Vitamin _____.
4. _____ serves as a guide to the type of food we should take more.
5. Oil, ghee, butter and lard are the food sources for _____.