The City School

Southern Region Department of Sports, Fitness and Wellness

ADVENTURE / RECREATIONAL TOUR & TRAINING PROGRAM FOR BOYS MURREE

Students (boys) of 10 to 14 years

28 May to 3 June 2016

DETAIL OF PROGRAM

Day #1

Departure from Karachi to Islamabad and onwards to Murree. Introduction, room allotment, grouping, Mall Road visit in evening.

Day #2

Training Program of mapping, road safety and first aid. Visit of Kashmir Point & Pindi Point.

Day #3

Chair Lift New Murree and Cooking

Day #4

Boy Scouts camp area, Ghora Gali, training sessions of: hiking, camping, knotting and tent pitching

Day #5

Birds watching and hiking CRICKET MATCH

Day #6

Shopping at Mall Road, self cooking, bonfire and bar B-Q and musical night Closing ceremony with Prize / Certificate distribution.

Day #7

Visit of Islamabad city, Shah Faisal mosque, Park. Lunch at Saver Food Blue Area. Departure from Islamabad to Karachi.

Note:

Meeting with parents will be held before one week of departure in different branches/campuses, in which The City School T-shirts, departure/arrival schedule, check list and officials/hotel contact numbers will be given to them.

Intesar Haider

Regional Sports Coordinator

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