The City School  
North Nazimabad Boys Campus  
WORKSHEET

SCIENCE

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class: 8 Section:\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_

Q.1 Write a sentence to explain the word ‘digestion’.

Q.2 Explain why:

a) Eating breakfast can actually help you to lose weight.

b) Molecules need to be broken down before they get into the body.

c) We need water in our diet .

d) If fibre is not absorbed in the body why do we need it?

Q.3Label the parts of the digestive system .

